

# Guide of bird watching course on Sado island

## SPRING

Recommended theme: Migratory birds in Washizaki

Place: Washizaki cape in northeastern in Sado

Birds: Duck, Grebe, Plover, Snipe, Wagtail, etc.

-Watch the birds stay and regroup their flocks in Washizaki.

### List of birds that can be observed on Sado in spring

English name	Scientific name
*Duck etc.	
Mandarin duck	<i>Aix galericulata</i>
Gadwall	<i>Anas strepera</i>
Falcated duck	<i>Anas falcata</i>
Eurasian Wigeon	<i>Anas penelope</i>
American Wigeon	<i>Anas americana</i>
Mallard	<i>Anas platyrhynchos</i>
Eastern spot-billed duck	<i>Anas zonorhyncha</i>
Northern shoveler	<i>Anas clypeata</i>
Northern pintail	<i>Anas acuta</i>
Garganey	<i>Anas querquedula</i>
Teal	<i>Anas crecca</i>
Common pochard	<i>Aythya ferina</i>
Tufted duck	<i>Aythya fuligula</i>
Greater scaup	<i>Aythya marila</i>
Harlequin duck	<i>Histrionicus histrionicus</i>
Black scoter	<i>Melanitta americana</i>
Common goldeneye	<i>Bucephala clangula</i>
Smew	<i>Mergellus albellus</i>
Common merganser	<i>Mergus merganser</i>
Red-breasted merganser	<i>Mergus serrator</i>
*Grebe	
Little grebe	<i>Tachybaptus ruficollis</i>
Red-necked grebe	<i>Podiceps grisegena</i>
Great crested grebe	<i>Podiceps cristatus</i>
Horned grebe	<i>Podiceps auritus</i>
Eared grebe	<i>Podiceps nigricollis</i>
*Plover, Snipe, etc.	
Northern lapwing	<i>Vanellus vanellus</i>
Pacific golden-plover	<i>Pluvialis fulva</i>
Black-bellied plover	<i>Pluvialis squatarola</i>
Little ringed plover	<i>Charadrius dubius</i>

---

Kentish plover	<i>Charadrius alexandrinus</i>
Lesser sand-plover	<i>Charadrius mongolus</i>
Black-winged stilt	<i>Himantopus himantopus</i>
Eurasian woodcock	<i>Scolopax rusticola</i>
Solitary snipe	<i>Gallinago solitaria</i>
Latham's snipe	<i>Gallinago hardwickii</i>
Common snipe	<i>Gallinago gallinago</i>
Black-tailed godwit	<i>Limosa limosa</i>
Bar-tailed godwit	<i>Limosa lapponica</i>
Whimbrel	<i>Numenius phaeopus</i>
Spotted redshank	<i>Tringa erythropus</i>
Marsh sandpiper	<i>Tringa stagnatilis</i>
Common greenshank	<i>Tringa nebularia</i>
Green sandpiper	<i>Tringa ochropus</i>
Wood sandpiper	<i>Tringa glareola</i>
Grey-tailed tattler	<i>Heteroscelus brevipes</i>
Terek sandpiper	<i>Xenus cinereus</i>
Common sandpiper	<i>Actitis hypoleucos</i>
Ruddy turnstone	<i>Arenaria interpres</i>
Great knot	<i>Calidris tenuirostris</i>
Sanderling	<i>Calidris alba</i>
Red-necked stint	<i>Calidris ruficollis</i>
Long-toed stint	<i>Calidris subminuta</i>
Sharp-tailed sandpiper	<i>Calidris acuminata</i>
Dunlin	<i>Calidris alpina</i>
Ruff	<i>Philomachus pugnax</i>
Eurasian curlew	<i>Numenius arquata</i>
*Wagtail	
Western yellow wagtail	<i>Motacilla flava</i>
Bering Sea yellow wagtail	<i>Motacilla flava simillima</i>
Gray wagtail	<i>Motacilla cinerea</i>
White wagtail	<i>Motacilla alba</i>
Japanese wagtail	<i>Motacilla grandis</i>

---

## SUMMER

---

Recommended theme: Migrant breeders in the highlands

Place: Osado Ishina Natural Cedar Forest, Donden Sanso (Mountain lodge), Mt. Kimpoku, Niibo Dam  
Campsite

Birds: Starling, Flycatcher, Thrush, Cuckoo, Tit, Pheasant, Kingfisher etc.

-Watch the birds that appear in 0 to 800 m high above the sea.

### List of birds that can be observed on Sado in summer

English name	Scientific name
<b>*Starling</b>	
White-cheeked starling	<i>Spodiopsar cineraceus</i>
Chestnut-cheeked starling	<i>Agropsar philippensis</i>
Brown-eared bulbul	<i>Hypsipetes amaurotis</i>
<b>*Flycatcher</b>	
Asian brown flycatcher	<i>Muscicapa dauurica</i>
Narcissus flycatcher	<i>Ficedula narcissina</i>
Blue-and-white flycatcher	<i>Cyanoptila cyanomelana</i>
<b>*Thrush</b>	
Siberian thrush	<i>Zoothera sibirica</i>
Scaly thrush	<i>Zoothera dauma</i>
Japanese thrush	<i>Turdus cardis</i>
Brown-headed thrush	<i>Turdus chrysolaus</i>
<b>*Cuckoo</b>	
Common cuckoo	<i>Cuculus canorus</i>
Oriental cuckoo	<i>Cuculus optatus</i>
Lesser cuckoo	<i>Cuculus poliocephalus</i>
Northern hawk-cuckoo	<i>Hierococcyx hyperythrus</i>
<b>*Tit</b>	
Varied tit	<i>Poecile varius</i>
Coal tit	<i>Periparus ater</i>
Japanese tit	<i>Parus minor</i>
Long-tailed tit	<i>Aegithalos caudatus</i>
<b>*Pheasant</b>	
Common pheasant	<i>Phasianus colchicus</i>
Chinese bamboo partridge	<i>Bambusicola thoracicus</i>
<b>*Kingfisher</b>	
Rubby kingfisher	<i>Halcyon coromanda</i>

## AUTUMN

---

Recommended theme: Migratory birds in Ogi and Crested ibis in paddy fields

Place: Ogi peninsula, Kuninaka plain

Birds: Migratory birds, Crested ibis

-Watch the birds stay and regroup their flocks on Ogi peninsula, and Crested ibis in paddy fields after the harvest.

### List of birds that can be observed on Sado in autumn

English name	Scientific name
*Migrant birds <b>(Basically the same as spring migratory birds)</b>	
*Ibis Crested ibis	<i>Nipponia nippon</i>

Let's have a close look at the rules and cherish the environment where Crested ibis can live in peace.  
You can check the rules for coexisting with Crested ibis here: <http://tokinotayori.com/en/rules/>

## WINTER

Recommended theme: Waterfowl in Kamo lake; the largest lake in Niigata pref.

Place: Kamo lake

Birds: Eagle, Hawk, Harrier, Plover, Snipe, Goose, Swan, Finch, Thrush, Flycatcher, etc.

- Various waterfowls can be observed around Kamo lake.

### List of birds that can be observed on Sado in winter

English name	Scientific name
*Eagle, Hawk, Harrier	
White-tailed eagle	<i>Haliaeetus albicilla</i>
Eastern marsh-harrier	<i>Circus spilonotus</i>
Hen harrier	<i>Circus cyaneus</i>
Rough-legged hawk	<i>Buteo lagopus</i>
Eurasian kestrel	<i>Falco tinnunculus</i>
*Plover, Snipe, etc.	
Northern lapwing	<i>Vanellus vanellus</i>
Pacific golden-plover	<i>Pluvialis fulva</i>
Black-bellied plover	<i>Pluvialis squatarola</i>
Little ringed plover	<i>Charadrius dubius</i>
Kentish plover	<i>Charadrius alexandrinus</i>
Lesser sand-plover	<i>Charadrius mongolus</i>
Black-winged stilt	<i>Himantopus himantopus</i>
Eurasian woodcock	<i>Scolopax rusticola</i>
Solitary snipe	<i>Gallinago solitaria</i>
Latham's snipe	<i>Gallinago hardwickii</i>
Common snipe	<i>Gallinago gallinago</i>
Black-tailed godwit	<i>Limosa limosa</i>
Bar-tailed godwit	<i>Limosa lapponica</i>
Whimbrel	<i>Numenius phaeopus</i>
Spotted redshank	<i>Tringa erythropus</i>
Marsh sandpiper	<i>Tringa stagnatilis</i>
Common greenshank	<i>Tringa nebularia</i>
Green sandpiper	<i>Tringa ochropus</i>
Wood sandpiper	<i>Tringa glareola</i>
Grey-tailed tattler	<i>Heteroscelus brevipes</i>
Terek sandpiper	<i>Xenus cinereus</i>
Common sandpiper	<i>Actitis hypoleucos</i>
Ruddy turnstone	<i>Arenaria interpres</i>
Great knot	<i>Calidris tenuirostris</i>
Sanderling	<i>Calidris alba</i>
Red-necked stint	<i>Calidris ruficollis</i>
Long-toed stint	<i>Calidris subminuta</i>
Sharp-tailed sandpiper	<i>Calidris acuminata</i>
Dunlin	<i>Calidris alpina</i>
Ruff	<i>Philomachus pugnax</i>

---

*Goose	
Bean goose	<i>Anser fabalis middendorffii</i>
Bean goose	<i>Anser fabalis</i>
Greater white-fronted goose	<i>Anser albifrons</i>
Brant	<i>Branta bernicla</i>
*Swan	
Whooper swan	<i>Cygnus cygnus</i>
Tundra swan	<i>Cygnus columbianus</i>
*Finch	
Brambling	<i>Fringilla montifringilla</i>
Grey-capped greenfinch	<i>Chloris sinica kawarahiba</i>
Eurasian siskin	<i>Carduelis spinus</i>
Common redpoll	<i>Carduelis flammea</i>
Long-tailed rosefinch	<i>Uragus sibiricus</i>
Pallas's rosefinch	<i>Carpodacus roseus</i>
Red crossbill	<i>Loxia curvirostra</i>
Eurasian bullfinch	<i>Pyrrhula pyrrhula rosacea</i>
Eurasian bullfinch	<i>Pyrrhula pyrrhula</i>
Hawfinch	<i>Coccothraustes coccothraustes</i>
Japanese grosbeak	<i>Eophona personata</i>
*Thrush, flycatcher	
Naumann's thrush	<i>Turdus naumanni</i>
Pale thrush	<i>Turdus pallidus</i>
Daurian redstart	<i>Phoenicurus aureus</i>
Dark-sided flycatcher	<i>Muscicapa sibirica</i>
Asian brown flycatcher	<i>Muscicapa dauurica</i>

---

## ALL YEAR

---

### List of birds that can be observed on Sado all year

English name	Scientific name
*Hawk	
Japanese sparrowhawk	<i>Accipiter gularis</i>
Eurasian sparrowhawk	<i>Accipiter nisus</i>
Common buzzard	<i>Buteo buteo</i>
Northern goshawk	<i>Accipiter gentilis</i>
*Egret	
Little egret	<i>Egretta garzetta</i>
Great egret	<i>Ardea alba</i>
Intermediate egret	<i>Egretta intermedia</i>
Cattle egret	<i>Bubulcus ibis</i>
*Gull	
Black-tailed gull	<i>Larus crassirostris</i>
Slaty-backed gull	<i>Larus schistisagus</i>
Herring gull	<i>Larus argentatus</i>
Mew gull	<i>Larus canus</i>
Black-headed gull	<i>Larus ridibundus</i>

References: "Toki no Shima no Yacho" (Wild birds on Toki's Island), by the Sado Chapter of the Wild Bird Society of Japan